



TIP #13 Incorporate Nature into Learning

Using nature to extend learning experiences beyond traditional classroom walls has many benefits. Nordic countries have long incorporated nature & outdoor experiences into formal education.

Elements of nature elicit an inherent curiosity in children. They promote a sense of well-being & connectedness beyond the individual person. Using *realia* & items from nature enhances engagement in active learning. Incorporating nature-based activities into the learning experience can also help children to self-regulate, improve focus, and improve concentration.

Research shows that sensory exploration & immersion in natural realms can reinforce neural pathways & promote creative thinking. Sticks, stones, rocks, & other inanimate objects can fuel imaginative processes. In addition, exploring living things such as plants, animals, fungi, etc. helps children to feel connected to something greater than themselves & fosters environmental awareness.

Benefits of Exploring Bugs & Outdoor Elements

- Alleviate fear & instill empathy
- Learn about biodiversity by fostering curiosity & self-directed learning
- Connect with nature & the natural world to foster a sense of interconnectivity
- Develop sensual awareness & learning skills
- Promote a love of lifelong learning & understanding
- Bring scientific discovery into real-world, hands-on experiences
- Stimulate scientific inquiry & thinking

Note: Be sure to teach children which bugs can sting, bite, or excrete toxins.



Visit Maestra Casiano's **June Monthly Activities Page** to learn more about the benefits of bug play & access free family resources to explore learning opportunities outside of the classroom including games, activities, printables & other *fun*-tastic learning tools → →

June Monthly Activities Page



Want to foster a love of learning at home?
Tip #13: Incorporate Nature into Learning Experiences



LearningMadeFunWithMaestraCasiano.com is the **one stop shop** for *engaging* learning materials; fun, family activities; interactive books; novelty gift ideas & **FUN**-tastic resources for curious minds of all ages!

