Picnic Planning Song

Creative Moments



RESPOND to the song template by singing each section in a rhythmic and fun way. Add claps, pats, head nods, or other interactive motions such as foot stamps or knee bumps. Have a family member add a location for your picnic in the Chorus section. And have each individual add contributions to the section that asks what was packed.

Urge everyone to consider unexpected places for the picnic. What if you were going to the Moon or the bottom of the ocean? It can be an imaginary trip to someplace far away or a nearby favorite location. When planning what to pack, encourage each other to think of favorite foods and some activities.







CONNECT the song with the foods' origin and nutritional information. For example, do the foods grow in tropical regions or in local orchards? How can you fill the basket with a balance of nutritional foods that provide protein and vitamins, as well as energy and fun (sweets)? Notice how foods can represent diverse cultures and taste preferences. How can a shared picnic experience, even an imaginary one, help to build awareness of many cuisines and cultures?

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Chelsea N.









CREATE a picture of what you will pack for the picnic. Consider foods and games that are traditional for your family or community, such as empanadas, samosas, sushi, a mancala board, sidewalk chalk, or a piñata. Sketch your food or activity, design and color it, then cut it out.

SKETCH ONE FOOD OR ACTIVITY TO PACK FOR THE PICNIC. THEN CUT IT OUT AND ADD IT TO THE COLLECTION AS YOU CONTRIBUTE YOUR ITEM TO THE SONG.













PRESENT your sketched item when it is your turn to add an *Individual Contribution* to the song. Hold up the image and name what you are packing. Then place it into a real or pretend picnic basket. After the song is complete, take a few minutes to describe some of the foods or activities. Repeat the song until everyone has had a turn to contribute their art to the basket.

