

## Ultimate List of

# Healthy Classroom Celebrations & Rewards

Skip the sweets and treat students to healthy rewards like physical activity and social fun instead.

## Group Celebrations

- Extra recess or gym time
- Sit where you want for day/week
- Lunch outdoors/in the classroom
- Brain break physical activity
- Flashlight reading party



- Board/card game time
- Crazy hat or socks day
- Music/dance party
- Free play or chat time
- Out of uniform day



## Individual Rewards

- Eat lunch with principal/teacher
- Read AM/PM announcements
- Sit at teacher's desk for day
- Choose story for read-aloud
- Show and tell about special item/talent
- Receive encouraging note from principal
- Earn "No Homework" pass
- Listen to music while working
- Go for a walk with principal/teacher
- Enter drawing to win special prize
- Design school/class bulletin board
- Choose an extra: tech time, read-aloud, craft, etc.



- Read to a younger class
- Help in another classroom
- Lead a lesson/activity
- Sit by a friend instead of assigned seat
- Choose a vinyl sticker for water bottle
- Write morning message on board
- Get extra "specials" time (gym, art, music, etc.)
- Go first at everything for a day
- Listen to an audio book
- Choose special guest to read to class
- Keep special prize on desk (trophy, stuffed animal, etc.)



## Ask Students!

Invite students to brainstorm ways to celebrate. Provide some examples of viable ideas and see what else students generate together! Remember the rules of brainstorming: go for quantity, avoid rejecting wild ideas, and build on ideas of others.