

- 1. Nicknamed "sea parrots" and "clowns of the sea" Atlantic puffins have black & white feathers with a large parrot-like beak. They are seabirds measuring around 10 inches long.
- 2. Puffins spend most of their lives out at sea, resting on the waves when not swimming. Their range spans the eastern coast of Canada & the United States to the western coast of Europe.
- 3. A puffin's beak (or bill) changes color during the year. In winter, the beak has a dull grey color, but in spring it blooms with an outrageous orange! It's thought that the bright color helps puffins find mates. They show affection by knocking beaks together
- 4. Puffins are carnivores. They eat small fish such as herring, hake (cod) & sand eels.
- 5. Puffins are fabulous flyers. They flap their wings up to 400 times in a minute and can speed through the air at up to 55 miles an hour.
- 6. Puffins are super swimmers, too! Using their webbed feet as a rudder, puffins can dive down almost 200 feet under water in search of their favorite fish.
- 7. In spring and summer, thousands of puffins gather in colonies on the coasts & islands of the North Atlantic Ocean (including Ireland) to breed. They usually pair up with the same partner as previous years some may have been together for 20 years.
- 8. When starting a puffin family, puffins dig out a burrow using their sharp claws and beak, usually in a grassy bank or rocky crevice. At the back of their burrow home, they build a nest lined with feathers and grass where the female lays her single egg. Both parents take turn incubating the egg for the next 36-45 days before the baby "puffling" hatches.
- 9. Puffins live for around 20 years. Their main predators are hungry gulls, which can snatch puffins mid-flight. Climate change is also impacting puffin survival.
- 10. Although puffins are not classed as an endangered species, populations in some places are in decline. The main threats are overfishing, which can lead to a shortage of food for puffins, and pollution particularly oil spills. Not only does the oil make these beautiful birds sick, it destroys their waterproof feathers, essential for their survival.

